



# EMERALD COAST STARS

2012

## REQUIRED EQUIPMENT

ACCEPTABLE/RECOMMENDED

[WWW.EMERALDCOASTSTARS.COM](http://WWW.EMERALDCOASTSTARS.COM)



## REQUIRED EQUIPMENT

**Shinguards:** Laws of the Game IV. Must be entirely covered by socks . Shall be made of suitable material (rubber, plastic, polyurethane, or similar material). Shall afford a reasonable degree of protection.

**Socks:** Law of the Game IV. Must entirely cover shinguards.

**Footwear:** Laws of the Game IV. Soccer shoes with rubber or plastic cleats. Athletics shoes without any sharp edges. Any type of shoe having any number of rubber or plastic cleats.

## ACCEPTABLE EQUIPMENT

**Medical bracelets** and necklaces may be worn if taped down.

**Ace bandages** may be worn if secured by tape or other soft material.

**Soft headwear** such as a knit cap is allowed.

**Prescription eyeglasses** with or without restraining straps are permitted. Contact lenses are allowed.

**Internal orthodontics** (retainer) are allowed.

**Hearing aids** are allowed.

## RECOMMENDED EQUIPMENT

**Mark** all your equipment with your name and phone number with permanent marker.

**Water** is recommended to bring to every practice and games.

**Soccer Ball:** Strongly recommended to bring to each practice and game.

U8 : Size 3

U10 : Size 4